

Hummus

(Χουμμουσ)

Yield: 8 servings
Oven: None

Prep: 15 minutes
Cook: None

Ingredients	Amount	Procedure	When
Garlic cloves	3	Peeled	
Garbanzo beans	2 15oz cans	Drained	
Olive oil	1 c		
Tahini	1 c		
Lemons	3	Juiced	
Salt	To taste		

Place garlic in food processor and chop thoroughly. Add garbanzo beans and blend into a paste. Pour in 1 c olive oil, tahini, lemon juice and salt. until smooth and creamy. Place in bowl to serve.